



RETREAT PACKING LIST

Soft-sided luggage, like a duffel bag or backpack, is easier to manage at camp. Your sleeping quarters may be located down a gravel or packed earth trail that could be challenging for rolling suitcases. In addition, storage space in some sleeping areas may be limited.

Recommended items

- ☐ Closed-toe shoes (required for activities at the lake, climbing wall, high and low ropes, etc)
- ☐ Sleeping bag or bed linens and blanket for a single bed * ^
- ☐ Pillow and pillowcase *
- ☐ Bath towel, hand towel, and washcloth *
- ☐ Toiletries (if staying in a longhouse, include something to carry toiletries to the bathhouse)
- ☐ Shower shoes
- ☐ Flashlight or head lamp and extra batteries
- ☐ Water bottle
- ☐ Sunscreen
- ☐ Insect repellent (we recommend lotion or pump sprays over aerosol)
- ☐ Medications
- ☐ Rain gear (jacket, poncho, boots)

* Bed and bath linens are provided for guests staying in Newell.

^ Koinonia bedrooms each have two twin-over-full bunks.